

The Village Commons
11 & 15 College Street
South Hadley MA 01075
Spa 413.533.0000
Salon 413.536.9107

OCHOA

SALON • SPA

653 N Main Street
East Longmeadow MA 01028
Spa 413.737.2500
Salon 413.737.8189

Massage

Ochoa Massage Therapists offer a variety of techniques. Allow them to customize a massage especially for you.

Enjoy the benefits of a complimentary aromatherapy steam shower before or after your massage.

Massage for Two

Share this relaxing experience with a friend or loved one
\$140 | 60 minutes
\$210 | 90 minutes

Body Therapy

Detoxifying Marine Wrap

Seaweed and marine sediments detoxify the body while your skin absorbs vitamins and enzymes, resulting in softer more supple skin.
\$80 | 60 minutes *

Self Heating Mud Wrap

This warm mud promotes deep tissue detoxification and instant relaxation. Excellent for muscle strains or arthritic aches.
\$85 | 60 minutes *

Body Polish

Sea and mineral salts are gently massaged onto the body to exfoliate impurities while leaving the skin velvety smooth.
\$50 | 30 minutes

Sun Glow

Finish your wrap or polish with self tanning lotion professionally applied for an even sun glow.
\$15 additional to any body therapy

Ochoa Desert Stone

\$115 | 80 minutes*

Ochoa Therapeutic Massage

\$45 | 30 minutes

\$70 | 60 minutes

\$105 | 90 minutes

Maternity Massage

\$70 | 50 minutes

Reflexology

\$45 | 30 minutes*

\$70 | 60 minutes*

Siddha Detox Treatment

Muslin pouches are filled with healing herbs, dipped in warm sandalwood oil, then gently swept across the body.
\$85 | 60 minutes *

Air Brush Tanning

A sunless tanner is airbrushed over the entire body and face to create a golden tan without the damaging effect of UV Rays.
\$50 | 30 minutes *

Hydrotherapy Tub

Relax in a private tub while water massages and stimulates blood and lymphatic circulation, expelling unwanted toxins from the body.
\$30 | 30 minute*
\$25 additional to any spa service

Vichy Shower

Seven shower heads are directed to awaken and pulsate the seven energy centers along the spine.
\$35 | 30 minutes *
\$20 as a compliment to any body treatment



Facial

Ochoa Signature

This classic facial begins with a consultation and skin analysis. An Esthetician will cleanse, steam, and exfoliate skin with an enzyme treatment. A facial massage, mask, and revitalizing moisturizer are applied to seal in the benefits.

\$70 | 60 minutes

Ochoa Gentlemen

Our signature facial with special attention given to the gentleman's specific skin type needs.

\$70 | 60 minutes

Ochoa Teen

Specifically designed to address the needs of adolescent skin with a focus on cleansing and a healthy skin care regime.

\$60 | 60 minutes

Lumafirm Lift & Glow

Renders your skin ultra-luminous with a firmer, tighter and more youthfully defined appearance. Exclusively formulated with the latest in freeze dried technology, ideal for skin types showing signs of aging.

\$90 | 75 minutes

Specialty Treatment

Microdermabrasion

A diamond tipped wand removes the uppermost layer of dry skin cells from the face, chest and hands improving the production of elastin and collagen.

Single Treatment \$100 | 30 minutes

Series of 6 (recommended) \$500 | 30 minutes each

Glycolic Peel

Minimize fine lines, diminish age spots and clogged pores while hydrating the skin.

Single Treatment \$30 | 30 minutes

Series of 6 (recommended) \$150 | 30 minutes each

Hand and Foot Treatment

Spa Manicure..... \$25 | 30 minutes

Gel Polish with Manicure \$45 | 60 minutes

Gel Polish Maintenance \$55 | 90 minutes

Gel Polish Removal..... \$10 | 30 minutes

Spa Pedicure \$45 | 60 minutes

French Polish \$3 per service

Paraffin..... \$10 per service

Luminous Vitamin C

Aids in the reduction of fine lines and strengthen skin elasticity while restoring a youthful appearance to your skin.

\$90 | 75 minutes

Anti-free Radical

A unique triple layer hydrating treatment designed to refresh the skin while combating cellular damage and premature aging.

\$90 | 75 minutes

Plantomer

Soothes, hydrates, and strengthens sensitive skin types leaving the face firm and refreshed.

\$90 | 75 minutes

Caviar

The most advanced defense against anti-aging, this opulent treatment lavishes your skin with a 100% pure Russian Caviar essential for skin elasticity and firmness.

\$125 | 75 minutes

Dr. Hauschka

A holistic approach that rebalances the skin through cleansing and lymphatic stimulation.

\$140 | 135 minutes

\$90 | 75 minutes

Rosacea Treatment

Provide consistent results to combat the severe condition of rosacea and acne rosacea.

Single Treatment \$60 | 45 minutes

Series of 3 (recommended) \$150 | 45 minutes each

Cleansing Back

The back is cleansed, exfoliated, extracted and finished with a luxurious seaweed mask

\$80 | 60 minutes

Cosmetic

Airbrush Application \$50 | 30 minutes

Makeup Application..... \$30 | 30 minutes

Makeup Lesson \$60 | 60 minutes

Pre Bridal Consultation \$30 | 45 minutes

Bridal Application \$45 | 45 minutes

Airbrush Bridal Application \$65 | 60 minutes

Lash Extensions starting at \$70 | 60 minutes

Maintenance starting at \$40 | 30 minutes

Hair Removal

We use organic hair removal system, which discourages new hair growth, and leaves skin silky smooth.

Brow Design.....	\$15
Lip.....	\$10
Chin.....	\$15
Half Arm.....	\$20
Full Arm.....	\$30
Underarm.....	\$20

Salon Services

Hair

Hair Cuts starting at \$27

Style

Blow Dry starting at \$25
Blow Dry with Iron starting at \$35
Upstyle starting at \$70

Color

Balayage starting at \$100
Inoa starting at \$65
Color Retouch starting at \$52
Partial Highlight starting at \$60
Full Highlight starting at \$100

Texture

Smoothing System starting at \$300
Relaxer starting at \$70
Permanent Wave starting at \$70

Spa Packages

Day of Rejuvenation

Hydrotherapy Tub, 90 Minute Massage
Self Heating Mud Wrap, Vichy Shower
Plantomer Facial, Paraffin Manicure, Pedicure
starting at \$405
approximately 6 hours*

Balance Hydrotherapy Tub

30 Minute Massage, Ochoa Signature Facial
Spa Manicure, Spa Pedicure
starting at \$210
approximately 3.5 hours*

Tranquility

Ochoa Signature Facial
Aromatherapy Steam Shower
30 Minute Massage
Spa Pedicure
starting at \$160
approximately 3 hours*

Chest	\$25
Back	\$45
Half Leg	\$30
Full Leg	\$55
Bikini Line	\$25
Extended Bikini	Priced Accordingly

Extensive hair removal priced accordingly
(Consultation may be requested)

Treatment

L'Oreal starting at \$25
Kerastase starting at \$30
Kerastase Booster..... starting at \$5

Cosmetic

Airbrush Application \$50 | 30 minutes
Makeup Application..... \$30 | 30 minutes
Makeup Lesson \$60 | 60 minutes

Bridal

Pre Bridal Consultation \$70
Bridal Upstyle..... \$90
Pre Bridal Makeup \$30 | 45 minutes
Bridal Application..... \$45 | 45 minutes
Airbrush Bridal Application \$65 | 60 minutes

Hair Removal

Eyebrow starting at \$12
Lip..... starting at \$6

Serenity

Ochoa Signature Facial,
Aromatherapy Steam Shower, 30 Minute Massage
starting at \$115
approximately 2 hours*

Harmony for Two

Siddha Body Wrap, 60 Minute Massage, Pedicure
starting at \$200 per guest
approximately 3 hours

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